



The naturist hydro

Switching to daytime, the club trades as Kestrel Hydro Naturist Spa. Don't get me wrong, there are subtle changes – part of the main house is no longer in use, the dress code goes from club-wear (or less) to a towel (or less) – but this is the same place with the same staff and same owners – just a different format. A little galling is the need for two separate memberships, although the membership fee for Kestrel is discounted if you're already an AbFab member.

The outdoor pool is again the main focus, now with the benefit of the transparent cover that retracts on sunnier days, although these have been in seriously short supply this year! But even if it is raining, it feels great to be in the warm pool and laugh at the greyness outside. The grassy area around the pool with sun loungers and a couple of hammocks for chilling out are a delight on sunny days. The only downside with the outdoor area is the proximity to Heathrow Airport – it's so close that if the planes are taking off on a particular runway and in a particular direction, it can get very noisy... every two minutes!

The dungeon block, sauna, indoor and outdoor hot-tubs are all available, as are the three playrooms surrounding the outdoor tub. On a hot day, my only complaint was that the plastic-coated beds got very sweaty and slippery. Only part of the house is available – by day the heart of the club is outdoors and around the pool. As you enter from the AbFab Rock entrance, the open area with the three beds and the converted en suite playroom is the only section accessible.

Local competition

Competition-wise, there is a new club on the block, a mere six miles down the road. Whether it gives AbFab a run for its money remains to be seen, although two major changes may head off any serious threat. There's a new AbFab loyalty scheme, although would it be fastidious to point out the irony that the scheme is only available separately for Friday nights and Saturday nights, doesn't apply to Kestrel, and therefore doesn't truly reflect the loyalty of the most regular members who attend Kestrel and both party nights?

They have also started offering stayovers – the playrooms in the dungeon and around the outdoor tub are available – but no bedding is provided. That seems a fair deal for the nominal £10 charge, although the night we stayed there was one couple who hadn't realised and had no bedding. They were going to have a cold night down in the dungeon! This is a great asset for those wishing to have a drink, and it's cheap compared to staying in a local hotel.

Getting there

AbFab is located just off junction 14 of the M25, easily accessible by car – and it couldn't be more ideally situated for anyone staying over in the Heathrow area. Getting there is more difficult for those without a car, although if you call the club, they'll be happy to tell you about public transport and taxi options. To sum up, this club is well named, it is absolutely fabulous and deserves the 5 out of 5 rating given to it by Swinging Heaven members.

MEMBERSHIP

There is a one-off fee payable on the first visit for a lifetime registration card and this is in addition to the entrance fees. An application form can be downloaded from the website www.abfabparties.com
 Couple/Single Female/Single Male £20

Entrance Fees

Fridays
 Couple £30
 Single Female £10
 Single Male £50

Single Males – The number of single men allowed on each Friday is limited and it is advisable to get on the guest-list as early as possible.

Saturday
 Couple £40
 Single Female £10

Days & Opening Times
 Friday & Saturday 9.30 pm to 3 am

Website
www.abfabparties.co.uk
 Telephone
07702 567205
(available party nights only)
 email
info@abfabparties.com

Kestrel Hydro Naturist Spa

Membership Cost
 The cost of a 6-month membership is as follows, and is payable in addition to the entrance fees, unless a guest takes a day-visitor pass

Couples £30 *(discounted price for AbFab members £10)*
Single Females £10 *(discounted price for AbFab members £5)*
Single Males £40 *(discounted price for AbFab members £20)*

Entrance Fees
 The entrance fee is payable in addition to the membership cost. Alternatively, a day-visitor pass is available for non-members.

Couples £20 *(day visitor £30)*
Single Females £10 *(day visitor £15)*
Single Males £30 *(day visitor £40)*

Days & Opening Times
 Monday to Friday 11.30 am to 6.30 pm
(last entry 6 pm)
 Sunday 1 pm to 10 pm *(last entry 8 pm)*

Website
www.kestrelhydro.com
 Telephone
01784 464262
 Email
kestrelhydro@yahoo.co.uk